

**Reducing Underage Drinking with
Practical Tools that Develop Social and Emotional Skills**

December 18, 2018

12:00 PM – 1:00 PM

A recent study found that Montana parents with higher social and emotional parenting skills were over six times more likely to engage in best-practices to reduce underage drinking. Social and emotional skills include caring about others, making good decisions, behaving ethically and responsibly, developing positive relationships, and avoiding negative behaviors¹. Bolstering social and emotional competencies and skills improves a wide-variety of health-related outcomes, academic performance, and workplace performance. This webinar will review social and emotional skills, how they are protective for youth, and a project creating practical tools for parents to reduce underage drinking and strengthen social and emotional skills.



Why are these two different?

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